

STAY HOME PACKAGES

Give yourself a break! It's been a tough time for all of us, and you deserve to relax and recover.

We've put together a selection of your favourite prepared foods to keep you and your family well fed, with ease. Our Fresh Box offers a variety of fresh proteins and salads perfect for lunch or a light dinner. Our Frozen Box options offer a selection of one pan meal options that you can bake from frozen, filling your kitchen with the scent of home-cooked meal.

FROZEN BOX PACKAGE

FROZEN READY TO BAKE GOODS \$25/EACH

Unbaked Cinnamon Buns w/ sour cream icing (dozen)

Unbaked Croissants (dozen) chocolate or regular

Unbaked Assorted Cookies & Squares (two dozen)

triple chocolate, dulce de leche, cookies & cream, dark chocolate brownies)

FROZEN READY TO BAKE PIES & GALETTES (9") \$30/EACH

Chicken Pot Pie

Butter Chicken Pot Pie

Beef Bourguignon Pie

Braised Beef Shor Rib Galette

Mushroom, Caramelized Onion & Goat Cheese Galette

Plant-based Moroccan Pie (vegan)

squash, sweet potato, tomato, chickpeas, kale, spices

Apple Rhubarb Crumble Pie

Butter Tart Pie

ONE PAN FROZEN MEALS (FEEDS 4)

Beef & Lamb Shepherd's Pie **\$30.00**

Truffled Mac N' Cheese **\$30.00**

Braised Meatballs in Sauce **\$35.00**

Chicken Cacciatore **\$30.00**

Beef Bourguignon with Biscuits **\$45.00**

Tofu Tikka Masala (vegan) **\$30.00**

SOUPS & STEWS \$15/L

Vegan Smokey Split Pea

Vegan Mushroom Lentil Soup

Roasted Squash Apple Soup

Carrot & Ginger Soup

Meat Chili (+\$3/L)

Vegan Chili

Potato & Wild Leek (coming soon)

FRESH BOX PACKAGE

\$30 Chicken Breast with lemon thyme marinade

\$40 Citrus Salmon with dill dijon marinade

\$40 Blackened Flank Steak with chimichurri

\$30 Kung Pao Tofu (vegan)

\$15 Super Greens Salad (vegan)

\$18 Roasted Beet, Goat Cheese & Arugula

\$15 Israeli Couscous Tabbouleh Salad

\$18 10 ingredient Asian Slaw

\$18 California Dreamin' Salad (taco salad)

\$18 Grilled Veggie & Quinoa Salad

\$18 Freshly Baked Cookies & Squares

\$10 Chocolate Chip Banana Bread

\$10 Raspberry Lemon Poppyseed Loaf

\$35 Cheese & Charcuterie (for 2)

\$50 Cheese & Charcuterie (for 4)

\$35 Dips & Stuff

(hummus, babaghanoush, tzatziki, crudite, lavash)